

Sierra Quilt Guild

Block of the Month December 2017

Nordic Star

The completed block measures 12 1/2" finished (13" unfinished). All seams are sewn at 1/4".

Fabric Requirements

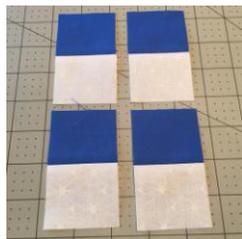
Colored solid: Four squares 4" X 4", one square 1" X 1", one rectangle 4" X 4 1/2" cut in half to make 2 pieces 2" X 4 1/2"

Print: Four squares 4" X 4"

White: Four squares 4" X 4", four rectangles 2" X 3 1/2", four rectangles 1" X 6 1/2" and one rectangle 4" X 4 1/2" cut in half to make 2 pieces 2" X 4 1/2"

Step One - Make 3 sets Half Square Triangle Units of 4 each

With right sides together, match pairs of the 4" squares as follows: 2 solid/white, 2 solid/print, 2 white/print. Draw a diagonal line through one of each pair. Stitch 1/4" on each side of drawn line. Cut apart on drawn line and press seams open. Trim to 3 1/2" square. Press seams open.



Step Two - Make Corner Units

Stitch each solid 2" x 4 1/2" rectangle to a white 2" x 4 1/2" rectangle along the long edges. Press seams open. Sub-cut each one into 2" wide segments. Join the white 2" X 3 1/2" units to the 2" segments. Press seams open.

Step Three - Complete Star Corners

Arrange the half square triangles and corner units as shown in the photo. Stitch each of the 4 units together. Press seams open.



Step Four - Assemble the Block

Arrange the star units, the white 1" x 6 1/2" rectangles and the 1" square as shown.



Step Five - Stitch the Block

Stitch the sashing piece to the right hand side blocks and then do the same for the left side blocks. Press the seams toward the center. Join the remaining 2 sashing pieces to the 1" block and press the seams away from the center. Stitch the pieced sashing between the right and left hand blocks, nesting seams around the tiny center block. Press seams toward the center.



Questions? Call Kathy Steinkamp 650-766-2445 or email katnap00@gmail.com

The Block of the Month for December is called the Nordic Star, compliments of Julie Celafu at thecraftyquilter.com

Julie is from the Bay Area and I knew her from the Silicon Valley Modern Quilt Guild.

Check out her website that she updates regularly where she has lots of unique ideas and projects.

Nordic refers to the Scandanavian countries of Denmark, Finland, Iceland, Norway and Sweden.

The quilt block resembles the flags of all those countries, which all have an off-center sashing and are blue, white, red and gold. At the November meeting you will receive the solid blue and white fabrics; you should add the print piece, sticking primarily to the Nordic colors, or perhaps even using another Nordic solid if you want.