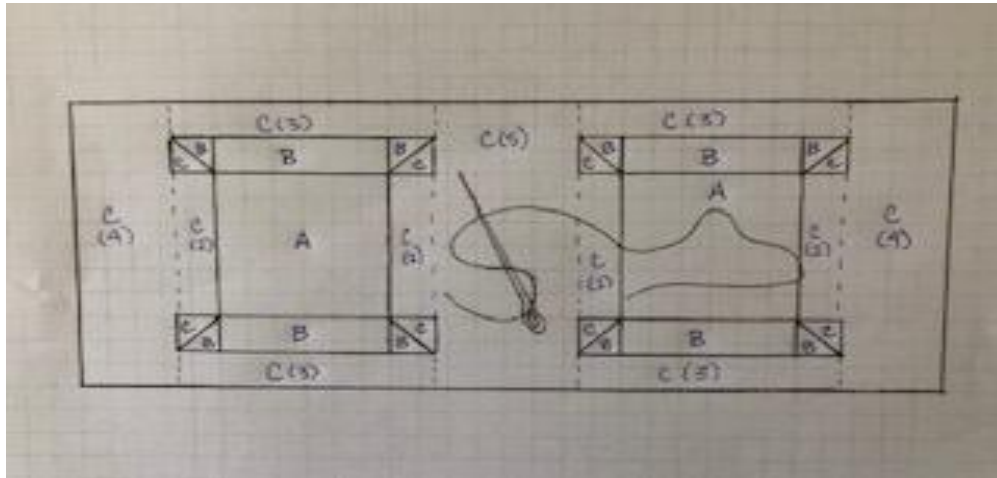


Sierra Quilt Guild
30th Anniversary Challenge Quilt
Block 9

The completed block measures 6 1/2" x 15 1/2" unfinished (6" x 15" finished)



Fabric Requirements:

Fabric A: Two (2) 3 1/2" x 3 1/2" squares

Fabric B: Four (4) 5 1/2" x 1 1/4" rectangles
 Four (4) 1 3/4" x 1 3/4" squares

Fabric C:

C1 - Four (4) 1 3/4" x 1 3/4" squares

C2 - Four (4) 3 1/2" x 1 1/2" rectangles

C3 - Four (4) 5 1/4" x 1 1/4" rectangles

C4 - Two (2) 7" x 2 1/2" rectangles

C5 - One (1) 7" x 3" rectangle

Needle: 1" x 4" strip and 1" x 4" strip of HeatnBond™ iron-on adhesive

Embroidery Floss

Step 1 – Making the Spools:

Take the **Fabric A** squares and sew the **Fabric B** 5 1/2" x 1 1/4" rectangles to top and bottom of squares as shown here →

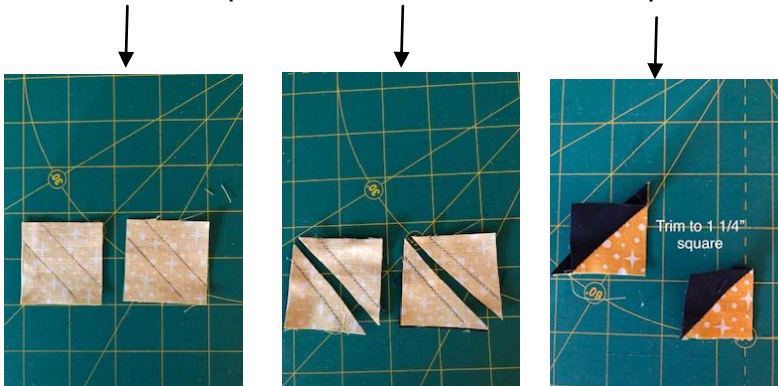


Draw lines on the fabric as shown below.

Stitch on the drawn lines.

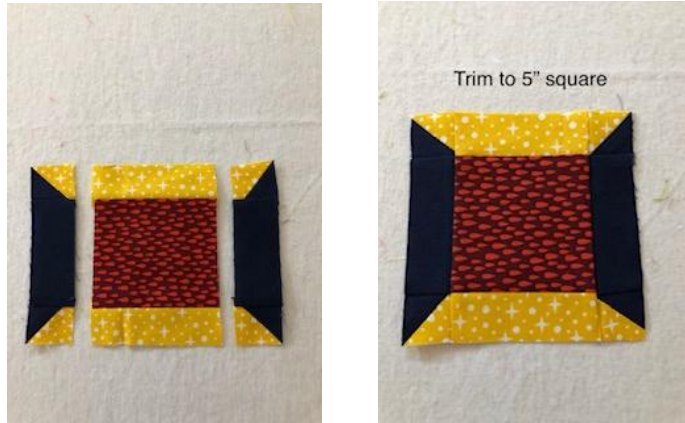
Cut between your stitched lines.

Press HST's open and trim to 1 1/4" x 1 1/4" square.



Stitch two **B/C** HST's to both ends of **Fabric C2**. You will be making 4 of these units.

Sew the units you just made to each side of the spool body. Press and trim spool unit to 5" square.



Step 2 – Adding the borders:

On a flat surface or design wall, lay your pieces out as shown in the photo below.

Begin by sewing the **Fabric C3** pieces to the tops and bottoms of the spool units.

Continue by sewing the **Fabric C5** piece to each of the spool units.

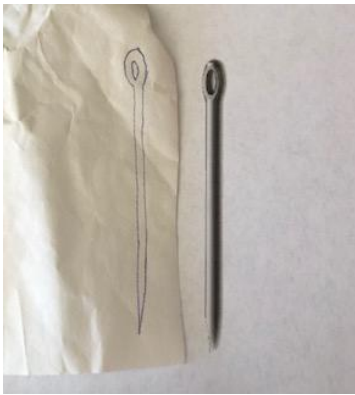
Finally, sew the **Fabric C4** pieces to the right and left sides of your spool block. Press and trim block to 15 1/2" x 6 1/2".



Step 3 – Applique and Embroidery:

Trace the “needle” template onto the smooth side of the HeatnBond™. Place the HeatnBond™ bumpy side down on the wrong side of your needle fabric. Cover with a pressing cloth and with high heat (no steam), press. The HeatnBond™ should have adhered to your fabric. You can now carefully cut out the “needle” you traced. Don’t forget to cut out the “eye of the needle”.

Carefully peel back the white backing of the HeatnBond™. Place the “needle” (fabric side up) on your block between the spools. Cover with a pressing cloth and press.



Needle Template



To finish off the block, use embroidery floss and backstitch the “thread” design (as shown on block layout) on the block.

Questions? Call Susan Rupp 209-559-5654 or email susanlrupp@gmail.com