

Modern Domestic Take Heart Quilt Block

When life is joyful and sunny or when it's uncertain and cloudy, it's important to take heart; to gather your optimism and meditate on all that there is to be grateful for. That is why we are asking you to join us in creating TAKE HEART blocks from your stash and scraps. You can send these to loved ones that are difficult to visit at this time. You can ask your loved ones to send scraps or clothing to you to make blocks for your own comfort. But, we ask that you send us at Modern Domestic at least one heart so we know you are out there, sharing your love and talents with the world. You can also tag us on Instagram @moderndomestic and use #TakeHeartQuiltBlock so we can see our community. The blocks will be used for charitable purposes and you will be sent a special discount code for our web-store.

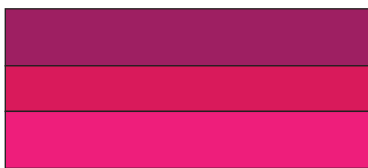
Please send your hearts to Modern Domestic, 422 NE Alberta Street, Portland, OR 97211.

Supplies for 1 block:

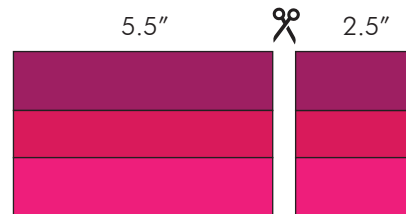
3 feature fabrics (dark, medium, light) • 8" x 1.5" each

Back ground fabric • three 1.5" squares, one 3.5" square, two 4.5" squares

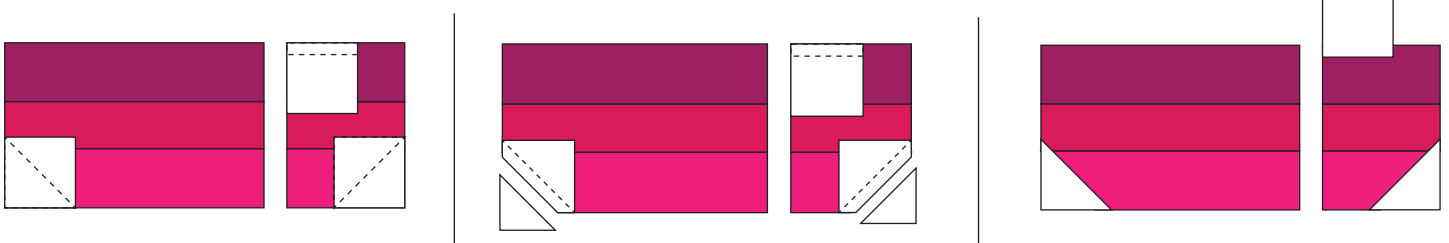
1. Select a dark, medium and light fabric. From each cut a 1.5" x 8" strip. Using a 1/4" seam allowance, sew strips together along long edges with the medium fabric in the center. Press towards dark color.



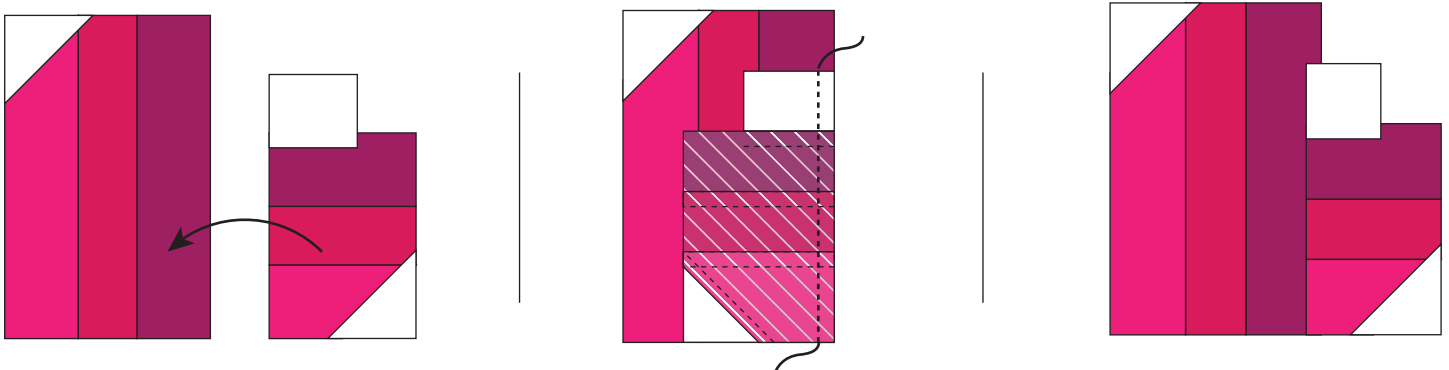
2. Cut this new tri-color strip into a 5.5" long piece and a 2.5" piece.



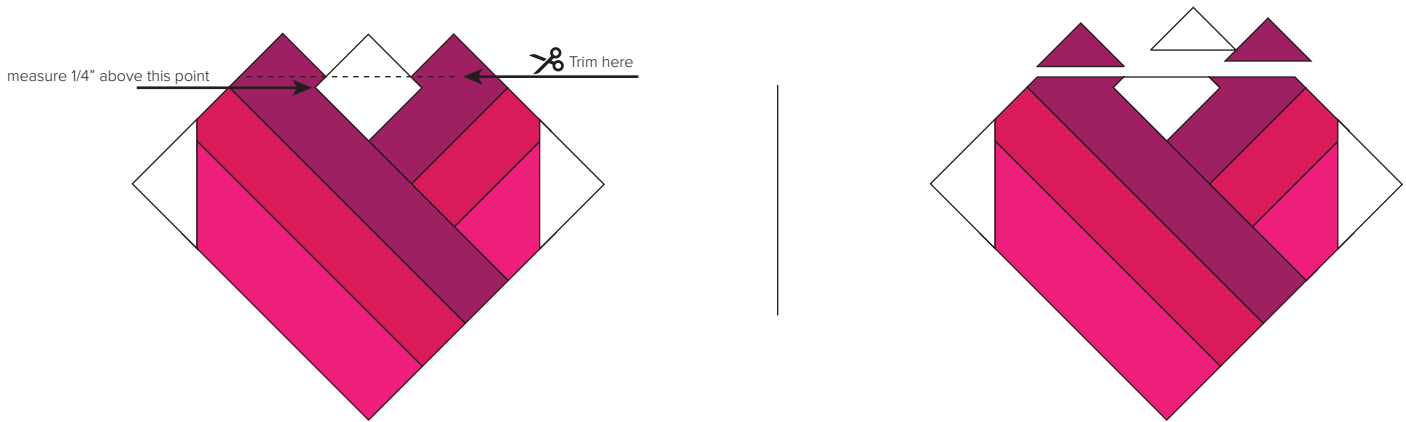
3. From your background fabric, cut three 1.5" squares. On the back side of two of these squares draw a diagonal line from corner to corner with an erasable marker. Place these two squares to the two tri-color pieces as shown and stitch along the inked line. Trim seam allowance to 1/4" and press background triangles back. Place third background square as shown and sew with 1/4" seam. Press square back.



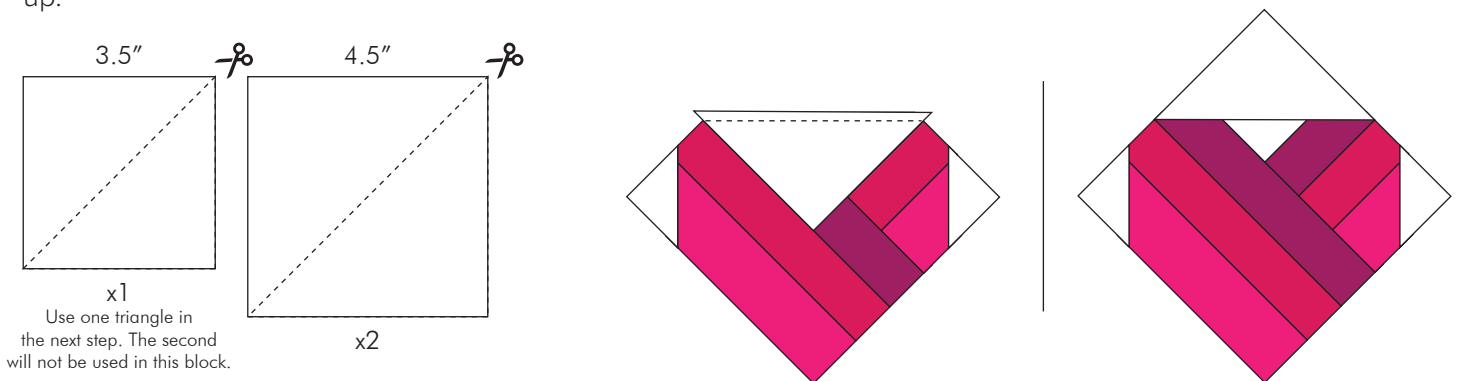
4. Rotate the larger piece 90° clockwise until the strips are vertical. Flip Smaller piece onto larger with bottom edges and right edges aligned. Sew 1/4" seam along right edge and press open.



5. Rotate the block 45° counter-clockwise. Trim the three peaks 1/4" above the left and right corner of the white square. Likely, it will be where the white square and dark fabric cross.



6. From the background fabric cut one square that measures 3.5" and two squares that measure 4.5". Cut all the squares in half diagonally. Take one triangle from the smaller pair and set the other one aside for another block. Align the long end of the smaller triangle with the corner of your heart block. Stitch 1/4" seam and press triangle up.



7. Take two of the larger background triangles and align the longer sides to two opposing edges of the block. Sew with 1/4" seam and press back. Repeat on opposite edges with other two triangles. Trim finished block to 7 5/8".

